

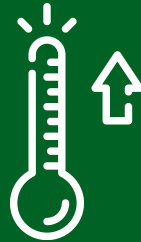
# Measles



## What does measles look like in my child?

### First Signs:

- Runny nose
- Cough
- Red, watery eyes
- Fever (Up to 104°)



### 2-3 Days After First Sign Appears:

- White spots appear in the mouth

### 3-5 Days After First Sign Appears:

- Small, raised bumps atop red spots



## How is measles spread?

Someone with measles coughs or sneezes onto a healthy person.



Someone with measles touches a surface, then a healthy person touches that same surface.

**Measles can live in the air or on a surface for up to 2 hours.**

## How can the spread of measles be prevented?

A completed, two dose series of the MMR vaccine is **97% effective against measles**. One dose of the MMR vaccine is **93% effective against measles**.

Wash hands often with soap and warm water.



Limit contact with anyone who is suspected to have measles.

Know what measles looks like and contact your doctor immediately if you think your child may have measles.

## How do I know if my child is up to date on their measles vaccine?

The CDC recommends children get two doses of the MMR vaccine:

- First dose at age 12 through 15 months
- Second dose at age 4 through 6 years

To find out if your child is up to date on their MMR vaccination, contact your doctor.



To access state immunization records, use the public portal of CIIS at:

[copublicportal.state.co.us](https://copublicportal.state.co.us)

## What are vaccine regulations for schools in Colorado?

Colorado law requires all students attending Colorado schools and licensed childcare centers to be vaccinated against certain diseases, unless an exemption is filed.

- **Pre-K/Grade School Entry:** 2 doses of MMR required

If you have more questions about school-required vaccines, please visit:

[cdphe.colorado.gov/immunization/school-required-vaccines](https://cdphe.colorado.gov/immunization/school-required-vaccines)